

Name: _____ Date of Birth: _____ Date: _____

Race: Caucasian African American Hispanic Native American Pacific Islander

PATIENT MEDICAL HISTORY FOR B.O.L.D.

(Please check the most appropriate answer. If you have any questions please call the office for assistance)

Anemia (low blood count, hemoglobin, hematocrit, or iron)

- No symptoms
- Any of these symptoms in the past
- Any of these symptoms currently

Chronic Bronchitis

- Yes
- No

Chronic shortness of breath

- Yes
- No

CARDIOVASCULAR DISEASE

Angina Assessment (Chest Pain)

- No Symptoms
- Chest Pain only with extreme activity
- Chest Pain with moderate activity
- Chest Pain with minimal activity
- MD diagnosed with unstable angina
- Previous heart attack

Congestive Heart Failure (Dr. diagnosed heart failure)

- No history or symptoms
- Symptoms with a great deal of activity
- Symptoms with ordinary activity
- Symptoms with minimal activity
- Symptoms at rest

DVT/PE (Blood clot in the leg or lung)

- No history
- History of DVT resolved with anticoagulation
- Recurrent DVT long term anticoagulation
- Previous PE
- Recurrent PE, decreased function
- Hospitalization
- Vena cava filter

Hypertension (high blood pressure)

- No history or symptoms
- Borderline, no medication
- MD Diagnosis of hypertension not requiring medication
- Treated with one medication
- Treated with more than one medication
- Poorly controlled with medication resulting in organ damage

Ischemic Heart Disease (Dr. diagnosed poor circulation of the heart)

- No history
- Abnormal EKG
- History of heart attack or take medication to treat
- History of heart vessel surgery
- Active disease

Lower Extremity Edema (swelling of the lower leg, ankle, or foot)

- No symptoms
- Intermittent symptoms not requiring medication
- Symptoms require medication, elevation, or hose
- Leg or foot ulcers
- Disability, decreased function, hospitalization

Peripheral Vascular Disease (Plaque build up in blood vessels outside of the heart that result in poor vessel function)

- No Symptoms
- No symptoms, but doctor diagnosed bruit
- TIA or mini stroke diagnosed by doctor
- Treatment consisting of a procedure
- Stroke, loss of tissue related to insufficient blood flow

NAME: _____

Date of Birth _____ Date _____

GASTROINTESTINAL

Cholelithiasis (Gallstones)

- No history
- Gallstones present with intermittent symptoms
- History of gallbladder removal surgery or severe symptoms with stones
- Emergency gallbladder surgery required immediately prior to weight loss surgery
- History of gallbladder removal with ongoing unresolved complications

Gastroesophageal Reflux (GERD)

- No history or symptoms
- Intermittent symptoms not requiring medication
- Intermittently require medication
- Take daily medication in low dose
- Take high dose medication
- Had surgery for symptoms or have been told you need to have surgery to resolve symptoms

Liver (Liver Disease)

- No history
- Enlarged, fatty liver, with normal liver function lab values
- Very fatty, enlarged liver with abnormal liver lab values
- Mildly inflamed and fibrotic, enlarged, fatty liver
- Diagnosed with cirrhosis, NASH, and abnormal liver studies
- Failure of the liver with need for transplant

GENERAL

Abdominal Hernia (Dr. diagnosed hernia)

- None
- Hernia present but not causing problems; no prior operation
- Hernia present with symptoms
- Hernia successfully repaired
- Recurrent or large hernia
- Chronic hernia w/complication or failed hernia repair

Abdominal Skin Pannus (Belly skin folds over, resulting in skin on skin irritation)

- No symptoms
- Irritation or rash caused by chafing
- Large overhang that interferes with walking
- Recurrent skin infection
- Surgical treatment required

Functional Status (Ability to walk unassisted)

- No problem
- Able to walk 200 feet with a device such as a cane
- Unable to walk 200 feet with a device
- Require a wheelchair
- Bedridden

Pseudo tumor cerebri (Dr. diagnosed increase in pressure caused by fluid in and around brain and spinal cord)

- No symptoms
- Headaches with dizziness, nausea, and pain behind the eyes, without visual symptoms
- Headaches with visual symptoms controlled with diuretics
- Diagnosis confirmed by MRI, well controlled with diuretics
- Well controlled with stronger medication
- Require narcotics or surgical intervention

Stress Urinary Incontinence (Leak urine other than when on toilet)

- No history or symptoms
- Minimal and intermittent
- Frequent, but not severe
- Daily, requiring a pad
- Disabling
- Operation ineffective

NAME: _____

Date of Birth _____ Date _____

METABOLIC

Glucose Metabolism (Abnormal glucose)

- No symptoms or evidence of diabetes
- Elevated fasting glucose
- Diabetes, controlled with oral medication
- Diabetes controlled with insulin
- Diabetes controlled with insulin and oral medication
- Diabetes with severe complications such as retinopathy, neuropathy, renal failure, blindness

Gout/Hyperuricemia (elevated uric acid in joints and bloodstream)

- No symptoms
- Elevated uric acid without symptoms
- Elevation treated with medication
- Joint disease
- Destructive joints
- Disability, unable to walk

Lipids (cholesterol or cholesterol elevation)

- No elevation in levels
- Elevation present, no treatment required
- Controlled with diet and lifestyle change
- Controlled with one medication
- Controlled with multiple medications
- Not controlled

MUSCULOSKELETAL

Back Pain (Patient reported pain in back)

- No symptoms
- No treatment required for intermittent symptoms
- Symptoms require medication
- MD diagnosed degenerative changes; pain requires narcotic medication treatment
- Symptoms continue despite previous surgery

Fibromyalgia

- No history
- Treated with exercise
- Treated with non-narcotic medications
- Treated with narcotics
- Treated with narcotics: surgical intervention either done or recommended
- Disabling, treatment not effective

Musculoskeletal Disease (Disease of the bone and joint tissues)

- No symptoms
- Pain with joint movement
- Symptoms treated with non narcotic medication
- Pain with household movements
- Joint surgery required
- History of or awaiting joint replacement

PSYCHOSOCIAL

Alcohol Use (How often do you drink?)

- None
- Rare, on special occasions
- Occasional, less than once a month
- Frequent, weekly or daily

Confirmed mental health diagnosis (Psychiatrist has diagnosed you with one of the following mental disorders)

- None
- Bipolar
- Anxiety/panic disorder
- Personality disorder
- Psychosis

Depression (Sadness with loss of interest in activities previously enjoyed)

- No symptoms
- Mild & episodic symptoms not requiring treatment
- Moderate symptoms, may require treatment
- Moderate symptoms that require treatment
- Severe symptoms requiring intensive treatment
- Severe symptoms requiring hospitalization

NAME: _____

Date of Birth _____ Date _____

Psychosocial Impairment (Unable to perform basic tasks for day-to-day living due to poor ability to function socially)

- No problem
- Mild impairment in functioning, but able to perform all primary tasks
- Moderate impairment, but able to perform most primary tasks
- Moderate impairment, but able to perform some primary tasks
- Severe impairment, unable to perform most primary tasks
- Severe impairment in functioning and unable to function

Substance Abuse (Use of prescription or illegal drugs in a manner other than prescribed)

- None
- Rare
- Occasional, less than once a month
- Frequent, weekly or daily

Tobacco Use (cigarette, cigar, or pipe smoking, chewing tobacco, etc.)

- None
- Rarely
- Occasional, less than once a month
- Frequent, weekly or daily

PULMONARY

Asthma (Doctor diagnosed asthma)

- None
- No medication needed for mild symptoms
- Symptoms controlled with inhaler
- Symptoms controlled with daily medication
- Symptoms not well controlled; use of steroids
- Symptoms required hospital admission or use of ventilator

Obesity Hypoventilation Syndrome (low oxygen and high carbon dioxide levels resulting in breathlessness)

- No symptoms
- Extremely low oxygen levels or high carbon dioxide levels
- Pulmonary hypertension doctor diagnosed
- Right heart failure
- Right heart failure with left heart malfunction

Obstructive Sleep Apnea (Stop breathing while sleeping; diagnosed with a sleep study)

- No symptoms
- Symptoms without sleep study or with negative sleep study
- Doctor diagnosed sleep apnea, but no CPAP or BIPAP is used to treat
- Use an appliance such as CPAP or BIPAP
- Use oxygen for low oxygen levels and diagnosis of sleep apnea
- Complications of sleep apnea such as pulmonary hypertension

Pulmonary Hypertension (Dr. diagnosed high blood pressure in the pulmonary artery that supplies the lung with oxygenated blood)

- No symptoms
- Symptoms of fatigue, shortness of breath, dizziness, and fainting
- Confirmed diagnosis by physician
- Disease controlled on medication
- Use of strong medications and possibly oxygen
- History of lung transplant or awaiting transplant

REPRODUCTIVE

Menstrual Irregularities (Periods that are absent or vary from the 28-day cycle)

- No history
- Irregular periods
- Heavy, prolonged periods
- No period
- Prior total hysterectomy

NAME: _____

Date of Birth _____ Date _____

Polycystic Ovarian Syndrome (Dr. diagnosed hormonal imbalance w/numerous symptoms such as irregular periods, weight gain, acne, etc.)

- No history or symptoms
- Symptoms but no treatment
- Symptoms treated with oral birth control pills or anti-androgen medications
- Symptoms treated with Metformin or TZD
- Symptoms treated with combination therapy
- Infertility

With my signature below, I certify that the above information is true and correct to the best of my knowledge:

Signature

Date