



## Physical Exam Guidelines - Patient

Now that you have scheduled your Physical Exam our staff values your time and would like to make your visit as pleasant as possible. In order to do this, we ask that you arrive **15 minutes** prior to your appointment time. Please bring your Insurance Card and a Picture ID to present at the time of check in.

Please review the guidelines of your health insurance policy prior to your exam to verify coverages, co-pays and approved laboratory tests and sites.

The Physical Exam that you receive from Wellstar Internal and Family Medicine at White Circle may include: Age and gender appropriate history and head-to-toe complete review of systems. Counseling for preventative screenings, referral to specialists (as appropriate), labs and diagnostic services. An office visit may be charged in conjunction with an Annual Physical if symptoms are present that may require additional evaluation, management and discussion.

The following are a guideline of what the Physician may select for your Physical Exam (code Z00.00). EKG (done in office), Chest X-ray (done in office), and Laboratory Services (Labcorp, Quest or Wellstar done in office). Laboratory tests are as follows:

<b>*Basic Metabolic Panel</b>	<b>80048</b>
<b>*Lipid Panel</b>	<b>80061</b>
<b>*Hepatic Function</b>	<b>80076</b>
<b>*CBC</b>	<b>85025</b>
<b>*Thyroid Panel w/(TSH)</b>	<b>84443</b>
<b>Additional</b>	<b>84479</b>
<b>Additional</b>	<b>84436</b>
<b>*Thyroxine Free-T4 Free</b>	<b>84439</b>
<b>*PSA (male over 50)</b>	<b>84153</b>
<b>*Hemoglobin A1C</b>	<b>83036</b>
<b>*Pap Smear (female as needed)</b>	<b>88142</b>
<b>*EKG</b>	<b>93000</b>
<b>*Chest X-Ray</b>	<b>71020</b>
<b>*Low Dose CT Lung</b>	<b>Referral Required</b>

**\*Please note some of these tests are NOT covered by most insurers. It is your decision whether you would like to have these tests ordered. Please discuss with your Provider if you wish to decline any recommended testing.**

### Guidelines for Physical Exam

- Nothing to eat or drink after midnight. You may have water to drink.
- If you take medication(s) you can take it with water.
- No powders, lotions or oils

Should you have any questions prior to your appointment, please don't hesitate to call our office at 678.797.6820. Thank you.