**Your Procedure:**

**Dr.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** **Date:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Arrival Time:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Location:** WellStar Outpatient Surgery Center- 3000 Hospital Blvd, Roswell Ga, 30076

*See last page for further directions.*

What is an EGD? EGD is a procedure used to look at the upper GI tract (esophagus, stomach, and the first part of the small intestine). An EGD is used to evaluate symptoms such as upper abdominal pain, bleeding, nausea, vomiting, chest pain or difficulty swallowing. During the procedure, a gastroenterologist will insert a small flexible scope into the mouth and advance it through the esophagus, stomach and to the first part of the small intestine. During this procedure, your physician will observe the areas, and take a biopsy of any abnormalities. If needed, the physician can also stretch areas of the esophagus or remove foreign objects.

How will I prepare for an EGD?

* During the procedure, an anesthesia provider will give you medication to keep you comfortable. It is not safe to drive after receiving these medications, so you will need to find a driver that is 18 years of age or older, to drive you to your procedure, be onsite during the procedure, and stay with you for 24 hours after your procedure. **\*If you do not have a driver, you will not be able to have your procedure.**
* Diet restrictions
	+ Nothing by mouth after midnight, except for small sips of water with medications, up to 2 hours before procedure.
* If you are diabetic on insulin, take it as instructed by your prescribing provider.
* If you are on any blood thinking medications, contact your prescribing provider for directions. Examples include Aspirin, Plavix, Coumadin, Warfarin, Jantoven, Xarelto, Eliquis, Brilinta, Effient, & Pradaxa. If you have not received instructions on the use of these medications or if you have any questions, please call our office at **470-267-1520**.
* If you use an inhaler, bring it with you to your procedure.
* If you wear contacts, please be prepared to remove them, or wear glasses.
* Please do not wear any jewelry, including body piercings.

Is the procedure safe? Serious complications are rare, but all procedures have potential risks. Risks include (but, are not limited to):

* Perforation- tear in the lining of the stomach or esophagus
* Bleeding- from a biopsy removal site
* Reaction to the sedation medication
* Infection
* Missed lesions
* Dental or eye injuries

What Can I Expect During the Procedure? When you arrive at the procedure center, a staff member will go over your medical history, further discuss the procedure, answer your questions, and start an IV. You will then be taken back to the procedure room. An anesthesia provider will administer medications and monitor your vital signs throughout the entire procedure. Your anesthesia provider will determine the amount and types of medications needed to keep you comfortable. While most patients will sleep through the procedure, some will stay awake and aware. If your gastroenterologist finds any abnormalities, they will be removed or biopsied as needed. Any tissue removed during the procedure will be sent to the lab for further evaluation. A typical EGD procedure lasts between 5-15 minutes but expect to be at the procedure center for one and a half to two hours.

What Can I Expect After the Procedure? After the procedure, you will go to the recovery room for about 30 minutes. Then your provider will talk with you about the initial results of the procedure.

Your driver will then be able to take you home. You can return to normal activities as able, except NO DRIVING for 24 hours. The medications used for EGD can also make you drowsy, so refrain from making important decisions the day of your procedure.

If you experience any symptoms that warrant concern such as: bleeding, fever, or severe abdominal pain, notify your physician immediately at **470-267-1520.**

**Directions to** 3000 Hospital Blvd, Roswell Ga, 30076

* **From Alpharetta Hwy:**

Turn into **WellStar North Fulton Hospital** and drive pass the front entrance. Continue straight; make a left towards the **Outpatient Surgery Center.** Drop the patient off at the drive under and straight ahead you will see parking for outpatient surgery.

* **From Hembree Rd:**

Turn into **WellStar North Fulton Hospital**, make a right towards the **Outpatient Surgery Center**. Drop the patient off at the drive under and straight ahead you will see parking for outpatient surgery.

Thank you for choosing WellStar Health System Gastroenterology.

**470-267-1520**