# FEEDING CUES

### 1. EARLY CUES: "I'm hungry"



Stirring



Mouth opening



Turning head Seeking/rooting

#### 2. MID CUES: "I'm really hungry"





Increasing movement

#### 3. LATE CUES: "Calm me, then feed me"



Crying

CALM CRYING BABY BEFORE FEEDING

Cuddling, Skin-to-skin on chest Talking, Stroking



Lots of movement



Hand to mouth

Color turning red

LOOK FOR EARLY FEEDING CUES



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